

YWCA TORONTO GIRLS' CENTRE

FOR GIRLS
ABOUT GIRLS
BY GIRLS



OCTOBER 2018 - JUNE 2019 PROGRAMMING

INDIVIDUAL SUPPORT (ages 14-18)

Mondays | 1:30-6:30pm

DROP-IN (ages 9-18)

Thursdays | 4:30-6:30pm

GIRLS' COUNCIL (ages 14-18)

Fridays | 4:30-6:30pm

GIRLS' TALK (ages 9-13)

Tuesdays or Wednesdays | 4:00-6:00pm

GIRLS' TALK MENTORSHIP (ages 14-18)

Mondays | 4:00-6:00pm

Please see reverse for programming details.

ALL PROGRAMS ARE
FREE
SNACKS, DINNER & TTC PROVIDED

*Programs have limited space. For more information or to register, call **Girls' Centre Staff** at **416.266.1232**.*



A TURNING POINT
FOR WOMEN



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YWCA Toronto Girls' Centre | 3090 Kingston Road, Scarborough | 416.266.1232 | ywcatoronto.org



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OCTOBER 2018 - JUNE 2019 PROGRAMMING DETAILS

INDIVIDUAL SUPPORT

The individual support program provides one-on-one support to young women aged 14-18 assisting with goal development, increasing connection to community resources and support, and strengthening girls' capacity to manage of stress in their lives, through a solution focused, strengths-based approach.

DROP-IN

For girls ages 9-18. A safe space for you to chill, meet new friends, watch movies, check your email and enjoy some snacks.

GIRLS' COUNCIL

A group of dedicated young women wanting to develop leadership skills participate in civic engagement and be involved in girls' programming. You will earn volunteer hours and gain experience for your résumé.

GIRLS' TALK

An 18-week mentorship program providing girls (ages 9-13) with opportunities to be creative, have fun, and connect with other girls!

GIRLS' TALK MENTORSHIP PROJECT

If you are a young woman who wants to be a positive role model for younger girls then this mentorship program is for you. You will acquire high school volunteer hours and gain leadership skills.



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